



U3A Rockhampton & District Inc.

ABN 83 907 668 103

NEWSLETTER - 4th March 2019 **Welcome to Members & Visitors**

TODAY'S GUEST SPEAKER Assoc Vice-Chancellor Rockhampton Region Ms Kim Harrington is our guest speaker today.

SOCIAL OUTINGS On **Monday 11th March** we are hosting a B.B.Q at Kershaw Gardens for Capricorn Coast U3A starting at 10.30am. We will provide meat, buns, salad, etc. Cap Coast will provide morning/afternoon teas. Cost for our members **\$5**. On **Monday 8th April** we are touring CQ Uni Health Clinic and having morning tea at The Birdcage (also at CQ Uni). Cost will be **\$10** per person. Contact Christine, phone 4926 1845 for further information.

Don't forget the **MONTHLY LUNCH** which will be held on **Tuesday 19th March at 12.00 noon** at Parkhurst Tavern, 800 Yaamba Road, Parkhurst. Contact Judy, phone 4928 1756 for more information.

ARMCHAIR TRAVEL - DO YOU WANT TO LEARN ABOUT AFRICA? Jill Allen and Clare Fountain will be talking about Africa at the Armchair Travel Group on **Friday 15th March at 9.30am** at Athelstane House. Please bring a plate and 50 cents for morning tea if you are attending. Contact Jackie on phone 4922 7976 for further information.

CALLIGRAPHY – THIS IS A NEW ACTIVITY – Join the group on **the 2nd and 4th Tuesdays from 1.00pm to 3.30pm** at Settlers Village, Pauline Martin Drive, Rockhampton. Contact Virginia, phone 4921 1602 for further information.

GARDENING - Join the group on **Friday 22nd March at 9.30am** at the DIY area of Bunnings next to the café to learn about water features. Please bring a small plate for morning tea. Tea and coffee will be provided. Contact Joan on phone 4933 3190/0458060447 for further information.

HISTORY – WHAT'S HAPPENED IN DENISON STREET IN THE PAST? The History Group will be meeting on **Monday 18th March at 2pm** in the Glass Room at the Frenchville Sports Club and discussing the early history of Denison Street. Everyone welcome. Contact Ann, phone 4922 1581 for information.

MUSIC - Join Nancy on **Wednesday 27th March from 1.30 to 3.30pm** at 17 Thora Street, Gracemere to listen to music of Australian artists. Contact Nancy, phone 4933 2722.

PENCIL DRAWING – NEW TIME Pencil drawing will now be held on the **1st Friday from 9.30am to 11am**. The venue is the same as for February: 7 Gardenvale Court, Hillside Estate (off Norman Road), North Rockhampton. Contact Keith on phone 4928 9505 for further details.

PHOTOGRAPHY - Join Phil on **Thursday 7th and Thursday 21st March at 3pm** at the Southside Library. Bring your camera and instruction manual. Contact Phil, phone 4928 7769.

SPEAKERS FOR NEXT MONTH - At the April General Meeting we will have speakers from CQU Health Clinic. Don't forget to follow up with the visit to the CQU Health Clinic on 8th April.

There are many other groups and activities for members to participate in and enjoy. Pick up an Activities List at the Sign in table today or go to the U3A website: www.u3arockhampton.org.au Some groups/activities require you to pay for morning tea or materials. Check with the tutors/coordinators of the group. Don't forget your hat, sunscreen and water for outdoor activities.

Contact Lenore Cook, phone 49267499 or email lenorecook1@bigpond.com if you have information you would like included in the next newsletter.