

**Activities 2021 – current at 11/7/2021**



**APPROVED RISK ASSESSMENT AND COVID SAFE PLAN IN PLACE**

MEETINGS AND SOCIAL EVENTS					
Meeting/Social	Day & Time	Venue	Contact	Telephone	RA & COV
General Meeting	Usually, 1 <sup>st</sup> Monday (excluding January) but check date 9.00am for 9.30am start	Frenchville Sports Club, Clifton Street, North Rockhampton Lunch at own cost available after meeting	Maurice Dittmann (President)	0407 679 271	
Monthly Lunch	3 <sup>rd</sup> Tuesday 12.00 noon	Venue will be advised and will have an approved specific Covid Safe Plan and Risk Assessment	Robyn Edwards	0438284871	
Activity	Day & Time	Venue	Contact	Phone	RA & COV
MONDAY					
Days for Girls	3 <sup>rd</sup> Monday 1.00 – 3.00pm Cost \$2	Fred Fox Hall, 3 Gladstone Road, Rockhampton	Christine Dobebe	4926 1845	
Smart Phones & Tablets (Fully booked)	12 <sup>th</sup> July – 1 of 2 19 <sup>th</sup> July – 2 of 2	Glass Room, Frenchville Sports Club, Clifton Street, Nth Rockhampton	Judi Blanchard	0447 227 630	
History	3 <sup>rd</sup> Monday 2.00pm	Oaktree Retirement Village, Glenmore Road, Park Avenue	Ann Findlater	4922 1581	
TUESDAY					
Mahjong 1	Every Tuesday – 1.00pm	Women’s Health, Cnr Bolsover and Derby Streets, Rockhampton	Lyn Storey	4928 8136 0455 288 833	
Cards & Scrabble \$1 including Morning Tea	4 <sup>th</sup> Tuesdays 9.00 – 11.15am	Oaktree Retirement Village, Glenmore Road, Park Avenue	Judy Sutton	4928 1756	
Poetry for Leisure	4 <sup>th</sup> Tuesday each month 9.30 – 11.30am	Glass Room, Frenchville Sports Club, Clifton St, Nth Rockhampton	Alan Watts	4928 5319 0411 469 563	
Third Age Chorus Singing Group	Every Tuesday – 9.30am	Uniting Church Hall, 321 Berserker St, Nth Rockhampton	Lindsay Soanes	4922 7099	
Drama Group	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday – 2pm – 4pm	Glass Room, Frenchville Sports Club, Clifton St, Nth Rockhampton	Tony Moore	0400 579 530	
WEDNESDAY					
Book Lovers’ Group	4 <sup>th</sup> Wednesday 10.00am	Fitzroy by Teman, Pauline Martin Drive, Rockhampton	Sheila Black	4928 2819	
Bird Watchers	3 <sup>rd</sup> Wednesday every second month 7.00am	Venue will be advised and will have an approved specific Covid Safe Plan and Risk Assessment	Rod Elder	4928 4383	
Ukulele	Every Wednesday 1.30 – 3.30pm	Fred Fox Hall 3 Gladstone Road, Rockhampton	Barry Lloyd	4926 4654	
Embroidery	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday 1pm – 4.30pm	Glass Room, Frenchville Sports Club, Clifton St, Nth Rockhampton	Pat Lorroway	4927 4493	

Activity	Day & Time	Venue	Contact	Phone	RA & COV
<b>THURSDAY</b>					
Writing for Pleasure	1 <sup>st</sup> Thursday 9.00 – 11.30am	Fitzroy by Teman, Pauline Martin Drive, Rockhampton	Judy Whitworth	4836 6133	
Photography Group	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays 3.00pm	Walter Reid Cultural Centre, Cnr Derby St & East Street, Rockhampton. Field trips will have specific authorised Covid Safe Plan & RA	John Waring	0408 275 633	
Current Affairs	3 <sup>rd</sup> Thursday 2.00 – 4.00pm	Glass Room, Frenchville Sports Club, Clifton Street, Nth R'ton	Lance Cowan	0497 575 231	
<b>FRIDAY</b>					
Mahjong II - \$2.00	Every Friday 1.00 – 4.00pm	Fitzroy by Teman, Pauline Martin Drive, Rockhampton	Judy Sutton	4928 1756	
Financial Discussion Group	1st Friday (starting 4 June) 2.00-4.00pm	Glass Room, Frenchville Sports Club, Clifton Street, Nth Rockhampton	Alan Watts	0411 469 563	
Armchair Travel Cost \$2.00	3 <sup>rd</sup> Friday 9.30 – 11.30am	Athelstane House Ward Street Rockhampton	Judy Trinder	4928 7538	
Garden Lovers' Club	4 <sup>th</sup> Friday 9.30am	Venue will be advised and will have an approved specific Covid Safe Plan and Risk Assessment	Joan Cooper	0458 060 447	
<b>SATURDAY</b>					
Walking Group	Every Saturday 6.50am for 7.00am	Venue will be advised each month	Christine Dobele	4926 1845	

### THIRD PARTY ACTIVITIES

**The following activities are run and authorised by organisations not affiliated with U3A and are listed here only for your convenience**

Activity	Day & Time	Venue	Contact	Telephone
Aqua Aerobics \$6 per U3A member	Thurs 9.30 – 10.30am Tues 11.00 -12.00noon Sat 7.00 – 8.00am	Caribee Swim Academy, 135 Menzies Street, Nth Rockhampton	Margaret Milburn or Jodi Shanks Annette Bleney U3A	4926 1650  0499 265 992
Juswannadans Line Dance Class Cost \$10	Tuesday Beginners 9.00 – 10.00am, Improvers 10.00 - 10.45am. Wednesday Beginners 6.00 – 7.15pm	Fred Fox Hall, 3 Gladstone Road, Rockhampton	Mary Biles	0400 287 998
Senior-Fit Class Resistance Training Swimming	Timetable and costs available at CQU Community Sports Ctr website	CQU Community Sports Centre, Yaamba Road, North Rockhampton	Kira Contact Sports Ctr Cathy Booker U3A	4923 2159 0419 642 539
Tai Chi - Kershaw Gardens Cost - \$2.00	Fridays 7.30 – 8.30am	Kershaw Gardens (via High Street)	Shirley Hopkins U3A	4936 4792
Stamp Collecting \$15 annual membership	First Tuesday of each month 7.30pm	Glass Room, Frenchville Sports Club, Clifton Street, Nth Rockhampton	David Smith	49263336 0458 128 159
Coin Club/Collectors \$20 per annum	Second Monday of each month, 7.30pm	Venue to be advised.	Phil Morisette	49287769