



U3A Rockhampton and District Inc.

ABN 83 907 668 103

**Activities 2022 – current at 20/10/2022**

**APPROVED RISK ASSESSMENT AND COVID SAFE PLAN IN PLACE**

<b>MEETINGS AND SOCIAL EVENTS</b>				
<b>Meeting/Social</b>	<b>Day &amp; Time</b>	<b>Venue</b>	<b>Contact</b>	<b>Telephone</b>
General Meeting	Usually 1 <sup>st</sup> Tuesday (excluding January) but check date. 9.00am for <b>9.20am</b> start	Frenchville Sports Club, Clifton Street, North Rockhampton. Lunch at own cost available after meeting.	Cheryl Wickes (President)	0428 452 836
Monthly Lunch	2 <sup>nd</sup> Monday 12.00 noon	Venue will be advised and will have an approved specific Covid Safe Plan & Risk Assessment	Robyn Edwards	0438 284 871
<b>Meeting/Social</b>	<b>Day &amp; Time</b>	<b>Venue</b>	<b>Contact</b>	<b>Telephone</b>
<b>MONDAY</b>				
Days for Girls Cost \$2	3 <sup>rd</sup> Monday 1.00pm-3.00pm	Fred Fox Hall, 3 Gladstone Road, Rockhampton	Christine Dobebe	4926 1845
Digital Skills myGov	Monday 10am 21st (1 of 2) & 28 <sup>th</sup> Nov.(2 of 2). Topic: <b>The Basics &amp; More: Understanding your Smartphone</b>	Champions Bar, Frenchville Sports Club, Clifton Street, Nth Rockhampton	Judi Blanchard	0447 227 630 <b>To register phone or text as group sizes limited</b>
History	3 <sup>rd</sup> Monday 2.00pm	Oaktree Retirement Village, Glenmore Road, Park Avenue	Ann Findlater	0400 766 112
<b>TUESDAY</b>				
Mahjong 1 Cost \$2	Every Tuesday – 12.45pm	Fitzroy by Teman, Pauline Martin Drive, Rockhampton	Cynthia Drane	0418 227 760
Cards & Scrabble \$2 including Morning Tea	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays – 9.00 – 11.15am	Oaktree Retirement Village, Glenmore Road, Park Avenue	Kym Jacobi	0438 778 438
Poetry for Leisure	4 <sup>th</sup> Tuesdays 9.15 – 11.15am	Champions Bar, Frenchville Sports Club, Clifton St, Nth R'ton	Alan Watts	4928 5319 0411 469 563
Third Age Chorus Singing Group	Every Tuesday 9.30am	Youth Orchestra Room, Walter Reid Building, East Street	Lindsay Ann	4922 7099 0400 766 112
Drama Group (RESUMING 2023)	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday 2.00 – 4.00pm	Champions Bar, Frenchville Sports Club, Clifton St, Nth R'ton	Tony Moore	0400 579 530
<b>WEDNESDAY</b>				
Book Lovers Group	4 <sup>th</sup> Wednesday 10.00am	Fitzroy by Teman, Pauline Martin Drive, Rockhampton	Sheila Black	4928 2819
Bird Watchers	2 <sup>nd</sup> Wednesday every second month 7.00am	Venue will be advised and will have an approved specific Covid Safe Plan and Risk Assessment	Rod Elder	4928 4383
Ukulele Cost \$3	Every Wednesday 1.30 – 3.30pm	Fred Fox Hall 3 Gladstone Rd, Rockhampton	Barry Lloyd	4926 4654
Embroidery	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday 1.00 – 4.30pm	Champions Bar, Frenchville Sports Club, Clifton St, Nth R'ton	Pat Lorroway	4927 4493

Activity	Day & Time	Venue	Contact	Telephone
<b>THURSDAY</b>				
Writing for Pleasure	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday 9.00 – 11.30am	Fitzroy by Teman, Pauline Martin Drive, Rockhampton	Peter Wilson	0407 620 356
Photography Group	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays 3.00pm	Walter Reid Cultural Centre, cnr Derby & East Street, Rockhampton. Field trips will have specific authorised Covid Safe Plan & RA	John Waring	0408 275 633
Current Affairs	3 <sup>rd</sup> Thursday 2.00 – 4.00pm	Champions Bar, Frenchville Sports Club, Clifton St, Nth R'ton	Lance Cowan	0497 575 231
Financial Discussion Group	2 <sup>nd</sup> Thursday 2.00 – 4.00pm	Champions Bar, Frenchville Sports Club, Clifton St, Nth R'ton	Alan Watts	0411 469 563
<b>FRIDAY</b>				
Mahjong II Cost \$2	Every Friday 12.45 – 4.00pm	Fitzroy by Teman, Pauline Martin Drive, Rockhampton	Cynthia Drane	0418 227 760
Armchair Travel Cost \$2	3 <sup>rd</sup> Friday 9.30 – 11.30am	Athelstane House, Ward St, Rockhampton	Judy Trinder	4928 7538
Garden Lovers Group	4 <sup>th</sup> Friday 9.30am	Venue will be advised and will have an approved specific Covid Safe Plan & Risk Assessment	Joan Cooper	0458 060 447
<b>SATURDAY</b>				
Walk and Chat	Every Saturday 5.50am for 6.00am.	Queens Park, Glenmore Road, Nth Rockhampton	Christine Dobele	4926 1845

### THIRD PARTY ACTIVITIES

**The following activities are run and authorised by organisations not affiliated with U3A and are listed here only for your convenience**

Activity	Day & Time	Venue	Contact	Telephone
Aqua Aerobics \$6 per U3A member	Tues 11.00 – 12.00 noon Thurs 9.30 – 10.30am Sat 7.00 – 8.00am	Caribee Swim Academy, 135 Menzies Street, Nth Rockhampton	Margaret Milburn or Jodi Shanks	4926 1650
Juswannadans Line Dance Class Cost \$10	Tuesday: New Beginners 9.00-9.30am, Beginners 9.30-10.15am, Improvers 10.15 – 12 noon.	Fred Fox Hall, 3 Gladstone Road, Rockhampton	Mary Biles	0400 287 998
Senior-Fit Class Resistance Training Swimming	Timetable & costs available at CQU Community Sports Centre website	CQU Community Sports Centre, Yaamba Road, North Rockhampton	Kira, Contact Sports Ctr Cathy Booker U3A	4923 2159 0419 642 539
Tai Chi – Kershaw Gardens. Cost \$2	Fridays 7.30 – 8.30am	Kershaw Gardens (via High Street)	Shirley Hopkins U3A	4936 4792
Stamp Collecting \$15 Annual Membership	1 <sup>st</sup> Tuesday 7.30pm	Glass Room, Frenchville Sports Club, Clifton St, Nth R'ton	David Smith	4926 3336 0458 128 159
Jacana Bushdancers Class Cost \$5; Annual Membership \$6	Mondays 7.00pm	Pipe Band Hall, Gladstone Road, Rockhampton	Dell Ganter	4936 1281
Coin Club/Collectors	2 <sup>nd</sup> Monday 7.00pm	Venue to be advised	Phil Morisette	4928 7769