



U3A Rockhampton and District Inc.

ABN 83 907 668 103

U3A ROCKHAMPTON - GROUPS

NEWSLETTER – 1ST July 2024
Welcome to Members & Visitors

THE COVID VACCINATION MANDATE HAS NOW BEEN REMOVED FOR U3A MEETINGS AND ACTIVITIES.

PRESIDENT: Exciting news this month with the introduction of two new activities for members to enjoy. Christmas Crafts with Anne Thomas and Introductory Italian for Travellers with Barb Hunt. Check them out on the new activity sheet.

GUEST SPEAKERS: Our guest speaker this month will be Kim Harrington who is the Associate Vice-President Rockhampton and Central Highlands Regions. Kim will speak on her career and loneliness.

ARMCHAIR TRAVEL The topic and presenter for Armchair Travel on Friday 19 July 2024 is 'Alison Davenport on her trip to Antarctica/Argentina and other destinations in South America. For more details contact Judy Trinder 4928 7538.

DEVELOPING DIGITAL SKILLS - Monday 15th July, 10am-12 noon Rocky Golf Club (Meeting Room). **Topic:** **MyGov:** Creating a MyGov account and linking Medicare, Centrelink, and other Federal Government services to your MyGov Account. Monday 22nd July, 10am-12 noon **Topic:** Device Security, Online Safety and Online Privacy Develop your skills and confidence when using the internet. **Group sizes are limited, so please register by contacting Judi Blanchard - Mobile 0447 227 630.**

GARDEN LOVERS: Friday 26th July 9.30am. **Topic:** Demonstration - Make an air plant ball. **Venue:** 17 Hendy Drive, Glenlee. **BYO:** Chair, drinks, small plate to share for morning tea. **Details:** Watch demo & make yours at home or make one with Mary after the demo. Bring 2x small round wire hanging baskets, a fishing swivel (or \$1 to purchase one from Mary). Air plants & wire supplied. If you have air plants to share bring them along. Contact Joan Cooper on 0458 060 447.

HISTORY GROUP – The History Group will meet again on Monday 15th July at Oaktree Retirement Village, Park Avenue at 2.00 PM. “The history and Pioneers of Emu Park and close areas (excluding Yeppoon) will be the subject for this month.”

MONTHLY LUNCH - The July Monthly lunch will be a "Christmas in July" lunch on Monday 1st July at Glenmore Homestead, 48 Belmont Road, Parkhurst at 12 midday. Cost \$30 per person for a 2-course buffet roast meal. Final numbers and payment by Monday 24th June. **Keep the date** for our August lunch being held at the Dinosaur Park across from the southside pool, Date 12th August at Cost: \$15 for meal and dessert. More information in the August newsletter or contact Robyn Edwards -Mobile 0438284871

SOCIAL OUTING: A guided history tour of our Rockhampton Botanical Gardens will be held on Wednesday 31st July 2024 @ 10:30am. Cost \$16.50 per person. Lunch to follow at noon at the Rockhampton Golf Club at your own expense, or you can just join us for lunch at midday. **RSVP: by 22nd July (Bev 041034184)**

There are many other groups and activities for members to participate in and enjoy. Pick up an Activities List at the Sign in table at meetings or go to the U3A website: www.u3arockhampton.org.au

***Thanks to the office of Barry O'Rourke MP for printing our Newsletters & Activity Sheets. ***