



THE QUARTERLY FLYER

September 2013

Volume 3/2013

Church of Christ



U3A
Rockhampton
P O box 8160
Allentown
Rockhampton
4700

General Meeting - 1st Monday of
Month at Frenchville Sports club
No joining fee
Annual membership fee is \$15.00
per year, payable
before end of June, \$7.50 payable to
the end of year.



PRESIDENT'S REPORT

September is upon us already and only just over 3 months to Christmas and I'm sure it is going too fast for all of us. We have had a lot of very interesting things happening in our U3A year so far. The guest speakers have been great at our monthly meetings and the Cancer Morning Tea was a wonderful success again thanks to our Garden Group. A large group of members are looking forward to another one of Nancy's wonderful Mystery Tours this month. We will celebrate our 25th Anniversary in November and I have been looking up a lot of old records and find that three of today's members were involved way back in the early years. Betty West joined in January 1989 and Bill Benson and Judy Whitworth were both on the 1991-1992 Committee. I believe that Bill has been sitting on the door checking members in since he joined and Betty and Judy are still writing wonderful stories. A wonderful record! There may be other members whom I have missed so please let me know if you were around back then. We hope to include some memories from over the years at our Christmas lunch so if you have any wonderful stories of the early years please let a committee member know. We shall have a display in the foyer of the City Library in November so we would love to have some old memorabilia and also recent photo's etc that we can show. Thanks again to all of our committee members and others who volunteer to keep everything running so smoothly.

Ann Findlater
President

Editor's Report

G'Day Dear Members, How time fly's it seems that it was only three months ago that I sat down to write this address for the QF. I hope to put out a bumper edition for the Silver anniversary at the end of the year? I would hope that members who have been members for over 10 years or more could put some of their memories of the time of their joining and perhaps how it has changed? We all have access to

computers via libraries or children, and grand-kids. Because I am a renown loser of documents I will ask you to type them on a computer and send your work to me at my email address. We can handle pictures and hand drawn artwork which can be given to me at meetings

elsonalfred06@gmail.com

I am looking forward to reading some of your history, (I believe that we should all attempt to record as much of own lives as we can so our great grand children can learn a bit about their grand parents. I intend to start next year.

I have to thank Nick for his great help during the composing of the QF with out his editing skills, I would have been up the creek without a paddle.

Kind Regards
Jon'o

Enrich your U3A learning journey – Join CQUniversity, it's Free!

By Ray Gauntlett

CQUniversity can enrich your U3A learning Journey through our "Community Borrower' service."

As a registered Community Borrower you are able to borrow items from the Monograph, Recreational and Curriculum Material Collections at their Bundaberg, Mackay, Rockhampton, Gladstone and Noosa Campus Libraries. Their is a borrowing limit of 10 items.

Joining is easy- all CQU needs is proof of identification and proof of your current address. You will be asked to sign a statement agreeing to abide by CQU Library regulations . Membership is valid to the 31st December of the current year and will need to be renewed annually. Best of all, is membership is free.

Their opening hours can be found on the library website

<http://www.cqp.edu.au/library>

Please note that licensing agreements stipulate that only students and staff may use the electronic journal databases and internet access in the library is only available to students and staff.

For further information please visit the

CQU library website and click on “for community” or contact the library Enquiry centre on 1800369038

Vale Dawn Pound (1939-2013)

Dawn was a member of the U3A Tai Chi Group for quite some time, but had to withdraw due to illness. She was an outstanding Contemporary Artist and many of her paintings are in important buildings around Rockhampton.

I first knew Dawn as a bushwalker and many of her paintings were set in the bush; her landscapes featuring rocks were outstanding. Dawn came with the bushwalkers to Cape Upstart one Easter week-end and brought her sketching materials. On the return trip back to our vehicle we had to wade across a creek with water up to our waist. Dawn was assisted by a couple of male bushwalkers to keep her sketches above the water.

Dawn was very active in the Central Queensland Koala Volunteers from its inception over 20yrs ago. In recent years she has been heavily involved with the Rockhampton branch of the Society for Growing Australian Plants and was responsible for the beautiful line drawings in the book “Plants of the Fitzroy Basin” produced by the local SGAP group.

Dawn was a quiet achiever, her paintings being all over Australia and she also exhibited in London. I am the proud owner of two paintings by Dawn. Our sympathy goes out to Dawn’s husband and family.

Shirley Hopkins

U3A SINGING GROUP

I have been asked if the U3A Singing Group ever sing for anyone in public. I am proud to say that so far this year we have performed 6 concerts in Rockhampton. We have performed twice at Mercy Age Care Respite centre for two different groups, at Oaktree Village, Village Life, Shalom and The Chamber Music group at the Walter Reid Centre. As I write this the gentlemen from the group are busy

practicing for the Senior’s Week Talent Quest. Members of the Singing Group sincerely thank our leader Glenda McDonald for all of the time she puts into training them and allowing them to practice in her home each Tuesday morning.

Ann Findlater

U3A ROCKHAMPTON HISTORY

Some of the early activities that were recorded in the early years were-

Spanish
Computer Awareness
Armchair Travel
Ancient History
Creative Reading and Writing
Relaxation
Japanese
Esperanto
Discussion Group
Scrabble
Music appreciation
Pencil drawing
Tai Chi
Irish Crochet
Glee Club
Golf (Beginners and Elementary)
Multicraft
Calligraphy
Look at Language
Touch for health
Swimming

Some of the venues for classes in 1996 were – Coker Hall, The Guide Hut in Larnach Street, CQU Annex, and several members homes.

On April 27th 1988, a public meeting was called, the venue being the reception room at the City Hall. 24 people attended. The chairman was Mr Ian Whitehead, and the principal speakers were Mrs Nell Stanaway (Liaison Officer Queensland Council of the Aged) and Mr Arthur Williams (Executive Officer Queensland Council for the Aged). Nine people were registered immediately, receipts were issued and an account opened at the Westpac Bank, Quay Street Rockhampton.

U3A's First financial members

(27-04-1988)

Willie Brown

Nina Vilciauskas

Allan Beutel

Ursula Barry

Helene Jones

Glen Cousins

Barbara Birchall

Joyce Turner

Dorothy Ross

(14-05-1988)

Grace Herdman

(12-07-1988)

Joyce Haig

Joyce Hudson

Dick Hudson

Blyth Beak

Iris Sinclair

Irene Seer

Daphne Maltby

June Dingle

Louise Barnes

Ernie Schmidt

(13-97-1988)

Shirley Miles

(14-07-1988)

Meg Goodsell

(18-07-1988)

Jan Turner

Eric Walston

(16-08-1988)

Bonnie Armstrong

Ada Hermann

Grace Nicolau

Dick Mary Oxborrow

(15-10-1988)

Jocelyn Smith

Sharon Tasker

Members enrolled at the Inaugural

Meeting at City Hall on

16-11-1988

Cyril Coker

Joan Hoare

Ron Cockburn

Mona DeSailly

Violet Hoare

LANDSCAPES - CITYSCAPES

I like the peace of the countryside.

The peace the countryside instills in me is
to the heart.

It lowers my blood pressure and allows
creativity to flow.

The muted colours of our Australian
countryside is especially soothing to the
eyes and mind.

Australia has such a harsh climate with its
droughts, floods, cyclones and bush fires,
all these effect the way the countryside
appears to us and to our moods.

We are blessed to experience these
contrasts.

There is no way we can grow bored when
out in our countryside.

We can't say the same of our cityscapes
especially in rainy weather.

Judy Whitworth

Alby Wooler was our August guest
speaker. A very knowledgeable

gentleman in rare fruits and landcare

This from the ABC - He has carried the
Olympic torch, had a building named after
him and was named citizen of the year,
but all this Alby Wooler says is just a pat
on the back.

Alby talks about why he became so



passionate about
the environment
and why it's so
important for the
young ones to
become involved.

From yellow legs at
Depot Hill, to one of
the most
inspirational people
in Central
Queensland, Alby
Wooler has
achieved a lot in
just 78 years.

<http://www.abc.net.au/local/photos/2009/12/16/2773255.htm>

This from Landcare - As a farmer, **Alby Wooler** has always been a trailblazer. Thirty years ago he broke out of the mould and started a rare fruits orchard on his property 'Tralee' on Queensland's Capricorn Coast. He founded the Capricornia branch of the Rare Fruits Council of Australia and helped a thriving rare fruits industry grow in the district, which now generates over \$3 million each year. But most of Alby's tireless work is not for his own personal benefit. In 1987 he founded the Capricorn Coast Landcare Group, of which he has been president for most of its existence. However Alby's most lasting contribution is almost certainly how he has inspired the young people of his region to become passionate landcare supporters. Alby came up with the concept of Junior Landcare to engage young people in the environmental cause, believing that if they were armed with better knowledge and skills, they would manage the environment better than past generations. He observed that many adults had entrenched mind sets and that children were more open to new ideas. The effort started at Yeppoon State Primary School in the early 1990s with 500 students and then spread widely throughout Queensland. Alby spends time every week with Junior Landcare groups at four schools in his district. He gives his time to schools in more remote areas too, and has visited 65 schools for the annual Schools Harbour Day Program, which started in 1993. Alby has attained a high profile in the region's.

Compiled By Nick Quigley OAM with Thanks Editor.



What a bloody rippa

They were funny looking buildings, that were once a way of life, If you couldn't sprint the distance, then you really were in strife. They were nailed,

they were wired, but were mostly falling down,
There was one in every yard, in every house, in every town.
They were given many names, some were even funny,
But to most of us, we knew them as the outhouse or the dunny.
I've seen some of them all gussied up, with painted doors and all,
But it really made no difference, they were just a port of call.

Now my old man would take a bet, he'd lay an even pound,
That you wouldn't make the dunny with them turkeys hangin' round.
They had so many uses, these buildings out the back,"
You could even hide from mother, so you wouldn't get the strap.

That's why we had good cricketers, never mind the bumps,
We used the pathway for the wicket and the dunny door for stumps.
Now my old man would sit for hours, the smell would rot your socks,
He read the daily back to front in that good old thunderbox.

And if by chance that nature called sometime through the night,
You always sent the dog in first, for there was no flamin' light.
And the dunny seemed to be the place where crawlies liked to hide,
But never ever showed themselves until you sat inside.

There was no such thing as Sorbent, no tissues there at all,
Just squares of well read newspaper, a hangin' on the wall.
If you had some friendly neighbours, as neighbours sometimes are,
You could sit and chat to them, if you left the door ajar..

When suddenly you got the urge, and down the track you fled,
Then of course the magpies were there to

peck you on your head.
Then the time there was a wet, the rain it
never stopped,
If you had an urgent call, you ran between
the drops.

The dunny man came once a week, to
these buildings out the back,
And he would leave an extra can, if you
left for him a zac.
For those of you who've no idea what I
mean by a zac,
Then you're too young to have ever had, a
dunny out the back.

BUYING A COMPUTER AND GETTING ONLINE

Buying a computer can be a big expense, but if you shop around, talk to people who have been involved with computers and think about what you are going to do with your new computer, the task will become easier.

Many people go to a dealer and listen to the sales person and come home more bamboozled than they were in the first place.

You need to list all the things you want to do on your new computer, such as, write your Life Story, spreadsheet your accounts, play games, email, search the internet for hobbies, on line shopping, talking to the grand kids on Skype, Facebook and create cards.

Below are two companies that offer good quality computers at a lower price

COMPUTER \$AVERS ex Govt computers (Phone 49226888)

Rockhampton at **Computer Savers ex Govt computers** at shop 8/99 Musgrave Street North Rockhampton (The old Blannings Bakery – Larges Furniture) a desktop computer with 17" screen, keyboard and mouse loaded with Windows XP or Vista for \$300.

Hewlett Packard HP dc7700 - Core2duo Intel processor e6300 1,86Ghz, 2G, 80G hard disk drive (approx 80,000 photos), broadband ready, CD/DVD burner, Windows XP Professional , Office,

antivirus, Nero, 3-moths wty, extended wty 1year & 2 years available.

Daniel Jewell Phone 49226888 said that if you wanted a "built to suit computer" he can offer Pentium i3 for approx \$800 to a Pentium i5 approx \$1300

Computer Savers web address is

www.computer-savers.com

WORKVENTURES (Phone 1800 112 205)

An alternate offer in News for Seniors No. 89 booklet was an offer through

WorkVentures (phone 1800 112 205)

who had supplied over 40,000 computers since 2002. Their \$299 Seniors Package included \$40 delivery plus Quality corporate refurbished computer, Minimum specification Core 2 Duo with 17-inch LCD monitor, keyboard and mouse. Fully licensed Microsoft Windows 7 Professional and Office 2007 (Word, Excel, Outlook). Plenty of support, Free and unlimited hotline support, 6 month warranty and Home delivery to anywhere in Australia

WorkVentures web site

<http://workventures.com.au/connectit/seniors-offer>

To get onto the Internet you will need an ADSL Modem and line filters for each telephone in your house and you'll need an Internet Service Provider. Information provided below is of only two of thousands of available Internet Providers

MATILDA (Phone 1300 665 865) in Mackey

<http://internet.matilda.net.au/content.php?section=adsl2pricing>

who offer a \$70 monthly package which includes free line rental, free STD calls, free local calls and a 15Gb Internet pack. Email - sales@matilda.net.au Phone 1300 665 865

ONESENIORS (Phone 133 001)

<http://www.oneseniors.com.au/> and save by bundling your home phone, mobile and Internet together on one bill. The fastest Internet available in your area plus unlimited local, national and mobile calls from your home phone and your mobile

phone. You also get unlimited SMS messages from your mobile. All for just \$92 per month. Choose whether to pay weekly or fortnightly to suit you. Phone 133 001

If you visit the Rockhampton Southside Library and use one of the Seniors Computers next to the COIN Technology Centre, you will be able to access all of the above suppliers web sites.

This information may help you, there is no guarantee of satisfaction

Nick Quigley OAM

Garden Lovers

U3a Garden lovers have been enjoying another year of delights and knowledge sharing as we visit the different venues. Our earliest meeting February was held at Virginia's home, March saw us congregate at Valda's where a representative from Betascapes gave a great talk and had already donated a \$10.00 voucher to each of our members. Shirley Hopkins native garden venue in March drew an appreciative crowd and on each of these days available to us.

The annual Cancer morning tea was held on a wonderful sunny May morning at the Athelstane House and because of the generous support of U3A members, Garden lovers group and others, over \$2000.00 was raised.

By June a gentle meeting at our beautiful Botanic Gardens was held despite a chilly though sunny morning, The al fresco mode enabled lots of chatting and discussion amongst the intrepid ladies and menfolk.

Mark Rehbein from the Botanic Garden's staff, gave a short lecture and good notes on how to care for our lawns during winter and spring July saw us on a visit to Fitzroy Nursery out at pink lily, it proved to be an eye opener for most of our group. An intensive guide through the "back rooms" by Maxine, showed us facts in the propagation and potting up in this huge

industry.

Just as well we had been well fortified by our ample morning tea again, al fresco style. We finished off with individuals targeting the retail nursery.

A great day where a lot of valuable garden advice and know how was freely given.

There is lots more enjoyment in store for the remainder of the year and new garden lovers are encouraged to join us and share in our love of gardens and the glory of nature surrounding us.

Cheers Virginia

Additional By-Law

Following the last Management Committee Meeting I was asked to produce an additional By-law to comply with the motion passed at the Committee Meeting in relation to U3A's Australian Business Number. With some advice from Ray and Hazel in relation to this matter I have taken the liberty to include this as By-law 2 and adjusted the remaining numbers as you will see in the second attachment "By-laws" which will soon be available on the web.

Regards

Arch

The inconsistency of **Full stops** has been changed with the use of the world wide web, they don't use them

How often have you read a report to find some lines finish with a stop, some don't and now with digital data bases if full stops are used the computer can't find the item with a few examples below

C.Q.U or CQU, P. O. Box or P O Box James. T. Walker or James T Walker

You will have noticed a vast difference in modern setting out of business letters, compared to the way you were taught at school – Everything runs off the left margin, there is no indent

"Full Stops" was put here to fill the space and it has successfully done it

(ˆ ˆ ˆ)