



U3A Rockhampton and District Inc.  
ABN 83 907 668 103

**Activities 2023 – current at 13/05/2023**  
**APPROVED RISK ASSESSMENT AND COVID SAFE PLAN IN PLACE**

<b>MEETINGS AND SOCIAL EVENTS</b>				
<b>Meeting/Social</b>	<b>Day &amp; Time</b>	<b>Venue</b>	<b>Contact</b>	<b>Telephone</b>
General Meeting	Usually 1 <sup>st</sup> Tuesday (excluding January) but check date. 9.00am for <b>9.20am</b> start	Frenchville Sports Club, Clifton Street, North Rockhampton. Lunch at own cost available after meeting.	Cheryl Wickes (President)	0428 452 836
Monthly Lunch	2 <sup>nd</sup> Monday 12.00 noon	Venue will be advised and will have an approved specific Covid Safe Plan & Risk Assessment	Robyn Edwards	0438 284 871
<b>Meeting/Social</b>	<b>Day &amp; Time</b>	<b>Venue</b>	<b>Contact</b>	<b>Telephone</b>
<b>MONDAY</b>				
Days for Girls Cost \$2	3 <sup>rd</sup> Monday 1.00pm-3.00pm	Fred Fox Hall, 3 Gladstone Road, Rockhampton	Christine Dobebe	4926 1845
Digital Skills myGov	3 <sup>rd</sup> & 4 <sup>th</sup> Mondays 10am-12noon. <b>See Newsletter for subject.</b>	Champions Bar, Frenchville Sports Club, Clifton Street, Nth Rockhampton	Judi Blanchard	0447 227 630 <b>To register phone or text</b>
History	3 <sup>rd</sup> Monday 2.00pm	Oaktree Retirement Village, Glenmore Road, Park Avenue	Ann Findlater	0400 766 112
<b>TUESDAY</b>				
Mahjong 1 Cost \$2	Every Tuesday – 12.45pm	Fitzroy by Teman, Pauline Martin Drive, Rockhampton	Cynthia Drane	0418 227 760
Cards & Scrabble \$2 including Morning Tea	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays – 9.00 – 11.30am	Oaktree Retirement Village, Glenmore Road, Park Avenue	Kym Jacobi	0438 778 438
Poetry for Leisure	4 <sup>th</sup> Tuesday 9.15 – 11.15am	Champions Bar, Frenchville Sports Club, Clifton St, Nth R'ton.	Alan Watts	4928 5319 0411 469 563
Third Age Chorus Singing Group \$3	Every Tuesday 9.30am	Youth Orchestra Room, Walter Reid Building, East Street	Lindsay Ann	4922 7099 0400 766 112
Drama Group (RESUMING 2023)	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday 2.00 – 4.00pm	Champions Bar, Frenchville Sports Club, Clifton St, Nth R'ton	To be advised	
<b>WEDNESDAY</b>				
Book Lovers Group	4 <sup>th</sup> Wednesday 10.00am	Fitzroy by Teman, Pauline Martin Drive, Rockhampton	Sheila Black	4928 2819
Bird Watchers	2 <sup>nd</sup> Wednesday every 2nd month from February 7.00am	Venue will be advised and will have an approved specific Covid Safe Plan and Risk Assessment	Rod Elder	0409 630 584
Ukulele Cost \$3	Every Wednesday 1.30 – 3.30pm	Fred Fox Hall 3 Gladstone Rd, Rockhampton	Barry Lloyd	4926 4654
Embroidery	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday 1.00-4.30pm	Champions Bar, Frenchville Sports Club, Clifton St, Nth R'ton	Pat Lorraway	4927 4493
Music Appreciation	4 <sup>th</sup> Wednesday 1.30-3.30pm	17 Thora Street, Gracemere	Nancy Crapp	4933 2722

	Day & Time	Venue	Contact	Telephone
<b>THURSDAY</b>				
Writing for Pleasure	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday 9.00 – 11.30am	Fitzroy by Teman, Pauline Martin Drive, Rockhampton	Peter Wilson	0407 620 356
Photography Group	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays 3.00pm	Walter Reid Cultural Centre, cnr Derby & East Street, R'ton. Field trips will have authorised Covid Safe Plan & RA	John Waring	0408 275 633
Current Affairs	3 <sup>rd</sup> Thursday 2.00 – 4.00pm	Champions Bar, Frenchville Sports Club, Clifton St, Nth R'ton	Lance Cowan	0497 575 231
Financial Discussion Group	2 <sup>nd</sup> Thursday 2.00 – 4.00pm	Champions Bar, Frenchville Sports Club, Clifton St, Nth R'ton	Alan Watts	0411 469 563
<b>FRIDAY</b>				
Mahjong II Cost \$2	Every Friday 12.45 – 4.00pm	Fitzroy by Teman, Pauline Martin Drive, Rockhampton	Cynthia Drane	0418 227 760
Armchair Travel Cost \$2	3 <sup>rd</sup> Friday 9.30 – 11.30am	Athelstane House, Ward St, Rockhampton	Judy Trinder	4928 7538
Garden Lovers Group	4 <sup>th</sup> Friday 9.30am	Venue will be advised and will have an approved specific Covid Safe Plan & Risk Assessment	Joan Cooper	0458 060 447
<b>SATURDAY</b>				
Walk and Chat	Every Saturday 5.50am for 6.00am. From 6 May 6.20am for 6.30am	Queens Park, Glenmore Road, Nth Rockhampton	Christine Dobele	4926 1845

### THIRD PARTY ACTIVITIES

**The following activities are run and authorised by organisations not affiliated with U3A and are listed here only for your convenience**

Activity	Day & Time	Venue	Contact	Telephone
Aqua Aerobics \$6 per U3A member	Tues 11.00 – 12.00 noon Thurs 9.30 – 10.30am Sat 7.00 – 8.00am	Caribee Swim Academy, 135 Menzies Street, Nth Rockhampton	Margaret or Jodi Jan Stevens (U3A)	4926 1650  0407 761 057
Juswannadans Line Dance Class Cost \$10	Tuesday: New Beginners 9.00-9.30am, Beginners 9.30-10.15am, Improvers 10.15 – 12 noon.	Fred Fox Hall, 3 Gladstone Road, Rockhampton	Mary Biles	0400 287 998
Tai Chi – Kershaw Gardens. Cost \$2	Fridays 7.30 – 8.30am	Kershaw Gardens (via High Street)	Anne Stewart U3A	0437 991 458
Stamp Collecting \$15 Annual Membership	1 <sup>st</sup> Tuesday 7.30pm	Glass Room, Frenchville Sports Club, Clifton St, Nth R'ton	David Smith	4926 3336 0458 128 159
Jacana Bushdancers Class Cost \$5; Annual Membership \$6	Mondays 7.00pm	Pipe Band Hall, Gladstone Road, Rockhampton	Gaye Nicholson	0428 620 662
Coin Club/Collectors	2 <sup>nd</sup> Monday 7.00pm	Venue to be advised	Phil Morissette	4928 7769